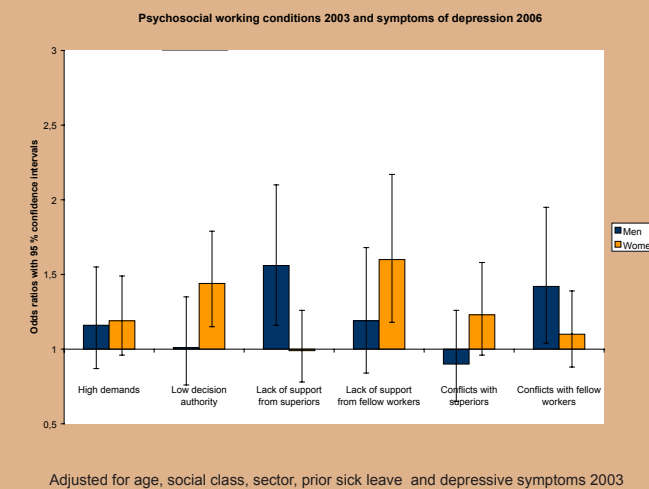
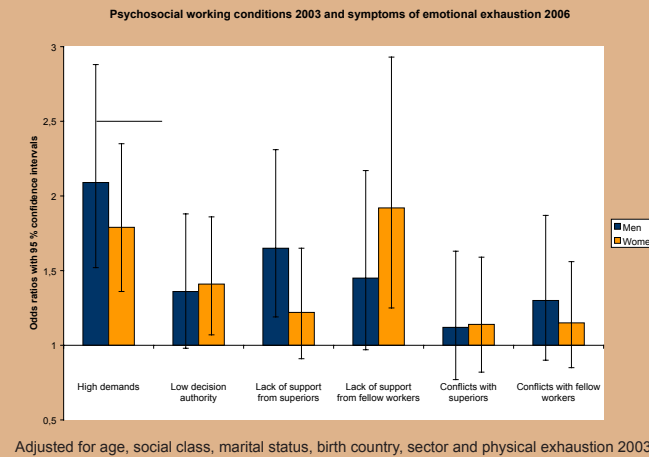


Some first results



Some foci

- New demands in working life
- Leadership and organisational changes
- Workplace democracy and conflicts
- Coping and self-esteem
- Sickness absence and early retirement
- Social support and humanity
- Coronary heart disease

Research questions

- Causal relations and mediating factors:
- between work environment and health
 - coping, health behaviors, expectations
 - sleep and recovery
 - interaction between work and leisure time

Patterns over time

- how stable is the work environment?
- effects of accumulated exposure
- effects of changes in work environment

Life transitions

- unemployment - early retirement
- prolonged working life

Advantages

- SLOSH makes it possible to study:
- Accumulation of exposure
 - Causality
 - Effects of e.g. unemployment, retirement
 - New exposures in working life

Linked year-to-year information of:

- Population and tax registries
- National social insurance data
- Hospital admission data
- Company and workplace dynamics registry etc

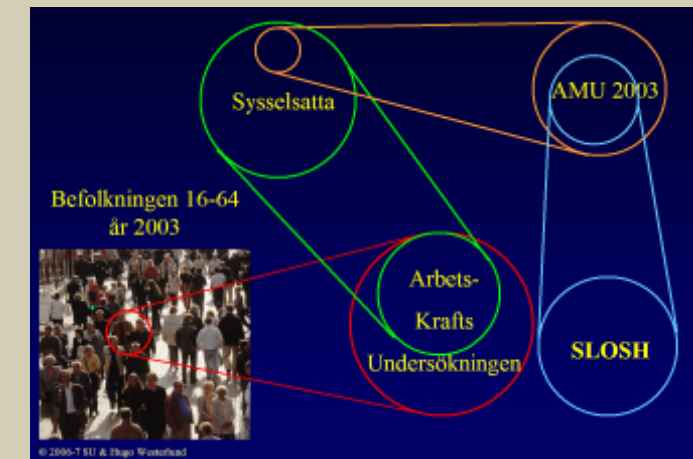
Aim of the study

The aim of the survey is to investigate the relationships between work environment factors and health over time.

What is SLOSH?

SLOSH is a longitudinal cohort study of ~ 9,000 people. It is based on the Swedish Work Environment Survey (SWES) 2003 which is derived from a representative sample of the Swedish working population. The first follow-up, by extended postal questionnaires to working and non working, was carried out in 2006 and additional follow up will be performed 2008, 2010, and 2012.

A sample of the Swedish working population in 2003



Future research

SLOSH will provide the backbone for the future research in our group. Researchers who are interested in working with SLOSH are very welcome to contact us. Further information on www.stressresearch.su.se/slosh-study

